



HORA	LUNES	MARTES	MIERCOLES
08.30 HS	LOCALIZADA		LOCALIZADA
10 HS			
14 HS		LOCALIZADA	
18 HS	INDOOR		INDOOR
18 HS		LOCALMIX	
19 HS	INDOOR	INDOOR	INDOOR
19 HS	FUNCTIONAL		FUNCTIONAL
8 A 22 HS	MUSCULACION	MUSCULACION	MUSCULACION
8 A 14 HS			

HORA	JUEVES	VIERNES	SABADO
08.30 HS			
10 HS			INDOOR
14 HS	LOCALIZADA	STRONG ZUMBA	
18 HS		TALLER GLUTEOS	
18 HS	LOCALMIX		
19 HS	INDOOR	INDOOR	
19 HS		ELONGACION	
8 A 22 HS	MUSCULACION	MUSCULACION	
8 A 14 HS			MUSCULACION



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